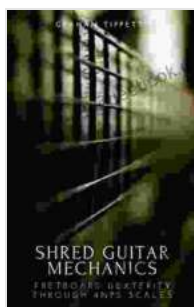


# Shred Guitar Mechanics: Fretboard Dexterity Through 4nps Scales

If you're looking to take your guitar playing to the next level, then you need to master the art of shred guitar. Shredding is a demanding style of playing that requires a high level of technical skill and dexterity. But with the right practice techniques, you can learn to shred like a pro.



## Shred Guitar Mechanics: Fretboard Dexterity Through 4NPS Scales by Graham Tippet

★★★★☆ 4.1 out of 5

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One of the most important aspects of shred guitar is fretboard dexterity. This is the ability to move your fingers quickly and accurately across the fretboard. A lack of fretboard dexterity will limit your speed and accuracy when playing scales and licks.

One of the best ways to improve fretboard dexterity is to practice 4nps scales. 4nps stands for "four notes per string." These scales are designed

to help you develop the finger coordination and independence necessary for shredding.

In this article, we'll take a look at the mechanics behind 4nps scales and how you can use them to improve your fretboard dexterity.

## **The Mechanics of 4nps Scales**

4nps scales are played by playing four notes on each string, ascending and descending. The key to playing these scales is to use alternate picking and to keep your picking hand moving constantly.

The most common 4nps scale is the major scale. The major scale is played as follows:

1-2-3-4-5-6-7-8 2-3-4-5-6-7-8-9 3-4-5-6-7-8-9-10 4-5-6-7-8-9-10-11 5-6-7-8-9-10-11-12 6-7-8-9-10-11-12-13 7-8-9-10-11-12-13-14 8-9-10-11-12-13-14-15

Once you have mastered the major scale, you can start to learn other 4nps scales, such as the minor scale, the pentatonic scale, and the blues scale.

## **How to Practice 4nps Scales**

The best way to practice 4nps scales is to start slowly and gradually increase your speed. It's important to focus on accuracy first. Once you can play the scales accurately, you can start to speed up.

Here are a few tips for practicing 4nps scales:

\* Use a metronome to keep your tempo consistent. \* Alternate picking and keep your picking hand moving constantly. \* Focus on accuracy first, then speed. \* Practice all over the fretboard. \* Use a variety of 4nps scales.

## Benefits of Practicing 4nps Scales

Practicing 4nps scales has a number of benefits for your guitar playing, including:

\* Improved fretboard dexterity \* Increased speed and accuracy \* Increased finger coordination and independence \* Improved picking technique \* Better overall guitar technique

If you want to take your guitar playing to the next level, then you need to start practicing 4nps scales. With consistent practice, you'll be shredding like a pro in no time.

Shred guitar is a demanding style of playing, but it's also one of the most rewarding. If you're willing to put in the time and effort, you can learn to shred like a pro. And one of the best ways to improve your shredding skills is to practice 4nps scales.

4nps scales are a great way to develop the fretboard dexterity, speed, and accuracy that you need to shred. With consistent practice, you'll be shredding like a pro in no time.

## Shred Guitar Mechanics: Fretboard Dexterity Through

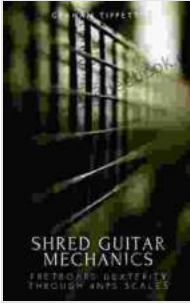
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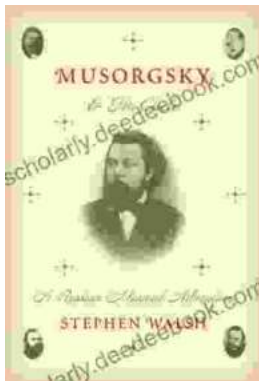
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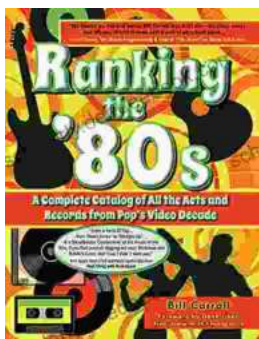


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