

# Sinus Floor Elevation Procedures: A Comprehensive Treatment Guide

A sinus floor elevation procedure is a surgical procedure that raises the floor of the maxillary sinus, which is the air-filled cavity located above the upper jaw. This procedure is typically performed in order to create more space for the placement of dental implants.

In some cases, the maxillary sinus is located too close to the jawbone, making it difficult or impossible to place dental implants without damaging the sinus membrane. A sinus floor elevation procedure can be used to create more space between the sinus membrane and the jawbone, allowing for the safe and secure placement of dental implants.

There are two main types of sinus floor elevation procedures:



## Sinus Floor Elevation Procedures (ITI Treatment Guide Series Book 5) by Sophie Ranald

★★★★★ 5 out of 5

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- **Lateral window sinus floor elevation:** This procedure involves creating a window in the lateral wall of the sinus and lifting the sinus

membrane upwards.

- **Crestal sinus floor elevation:** This procedure involves lifting the sinus membrane from the crest of the alveolar ridge, which is the bony ridge that forms the upper jaw.

The type of sinus floor elevation procedure that is used will depend on the individual patient's anatomy.

Sinus floor elevation procedures offer a number of benefits, including:

- Increased bone height for dental implant placement
- Improved stability of dental implants
- Reduced risk of sinus perforation
- Improved overall oral health

As with any surgical procedure, sinus floor elevation procedures do carry some risks, including:

- Bleeding
- Infection
- Sinus perforation
- Damage to the sinus membrane
- Nerve damage

The risks of sinus floor elevation procedures are relatively low, but it is important to be aware of them before undergoing the procedure.

The recovery time from a sinus floor elevation procedure typically takes about two weeks. During this time, patients may experience some pain, swelling, and bruising. It is important to follow the doctor's instructions for care during the recovery period.

Sinus floor elevation procedures are a safe and effective way to create more space for the placement of dental implants. These procedures can benefit patients who have lost teeth due to injury, disease, or congenital defects. If you are considering dental implants, talk to your doctor to see if a sinus floor elevation procedure is right for you.



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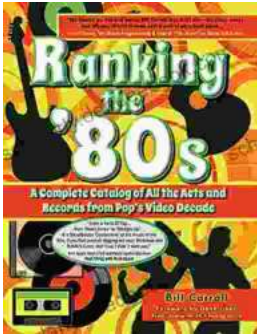
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